

## WEDNESDAY SPECIALS

CURRY, RICE, POPPADOM & MANGO  
CHUTNEY

*Choose from: Chicken Korma, Beef Madras or  
Vegetable Tikka Masala*

HOUSE PIE, CHIPS & PEAS

# 2 FOR £10

*or £7.50 each*

## SUNDAY ROASTS

1/2 CHICKEN

SLOW COOKED TOPSIDE BEEF

LEG OF PORK

NUT ROAST

*All served with roast potatoes, honey roast parsnips,  
carrots, swede, cabbage & yorkshire pudding*

# 2 FOR £15

SLOW COOKED MINTED LAMB SHANK

*with all the trimmings* £10.50

CAULIFLOWER CHEESE £1.50

PIGS IN BLANKETS £1.50

## COFFEE OFFERS

BARISTA COFFEE & CROISSANT OR  
PAIN AU CHOCOLAT £4.00

BARISTA COFFEE & HOT ROLL £5.00  
*choose: sausage, bacon or egg*

BARISTA COFFEE & BREAKFAST BLOOMER £6.00  
*sausage, bacon, egg & mushroom*

# CHECK BOARD FOR EVENING SPECIALS

# FUNCTION ROOM HIRE

Special rates for members.

Catering Services available.

Daytime & Evening hire.

email: [events@lostclub.co.uk](mailto:events@lostclub.co.uk)

### DIETARY REQUIREMENTS

A full list of allergens is available at your request.  
Kindly note all our food is prepared in an  
environment where allergens are present and we  
cannot guarantee that any of our dishes are allergen  
free.



**LEE ON THE SOLENT  
TENNIS, SQUASH  
& FITNESS CLUB  
BAR & RESTAURANT**



# MENU

**LEE ON THE SOLENT TENNIS, SQUASH & FITNESS CLUB**

41-47 MANOR WAY, PO13 9JQ • 023 9255 0381 • [info@lostclub.co.uk](mailto:info@lostclub.co.uk)

## STARTERS & LIGHT BITES

BRIE WEDGES	£3.95
<i>served with lemon wedge</i>	
CREAMY HERB MUSHROOMS	£3.95
<i>on garlic toast</i>	
CAJUN BLACKENED SHRIMP, AVOCADO & CUCUMBER BITES	£4.95
NACHOS	£4.75
<i>topped with melted cheese served with sour cream, salsa, quacamole &amp; jalapeño</i>	
BLANCHBAIT	£4.50
<i>with crispy kale &amp; tartare sauce</i>	

## SHARING BOARDS

NACHOS	£9.00
<i>topped with beef or quorn chilli served with sour cream, quacamole &amp; jalapeño</i>	
ITALIAN SHARING BOARD	£12.00
<i>selection of cold meats, anti pasti, bread, dipping oil &amp; balsamic vinegar</i>	

## SALADS

CHICKEN, BACON & MUSHROOM	£8.50
<i>with mixed leaf, cucumber, tomato, peppers &amp; coleslaw</i>	
TOMATO, CUCUMBER, AVOCADO	£8.00
<i>with red onion, peppers &amp; sweetcorn</i>	
CREAMY TUNA PASTA	£8.00
<i>with garlic croutons</i>	

## EXTRAS

Chips	£2.50	Sweet Potato Fries	£3.00
Onion Rings	£1.50	Coleslaw	£1.00
Garlic Bread	£2.00	Salad Bowl	£1.50

## MAINS

TRADITIONAL BEEF LASAGNE	£9.25
<i>served with salad garnish, garlic bread &amp; coleslaw</i>	
BUTTERNUT SQUASH & SWEET POTATO LASAGNE	£8.50
<i>served with salad garnish, garlic bread &amp; coleslaw</i>	
ADMIRAL PIE	£9.25
<i>served with fresh vegetables</i>	
CHICKEN OR VEGETABLE SIZZLER	£9.25
<i>on a bed of peppers &amp; onions served with fries</i>	
<i>Choose: Canjun, Piri-Piri or Fajita</i>	
HUNTERS CHICKEN	£9.25
<i>served with salad garnish, coleslaw &amp; fries</i>	
BEEF OR QUORN CHILLI	£8.50
<i>served with rice, nachos &amp; sour cream</i>	

## BURGERS

MEXICAN BURGER	£9.25
DOUBLE CHEESEBURGER	£8.95
SOUTHERN FRIED CHICKEN BURGER	£8.50
VEGETABLE BURGER	£8.00

*All served in floured bap with relish, onion  
rings, coleslaw & fries*

## DESSERTS

LOST CRUMBLE & custard	£3.95
STICKY TOFFEE PUDDING & custard	£3.95
TOFFEE WAFFLE & ice cream	£3.95
CHEESE BOARD & grapes (when available)	£5.95

## BREAKFAST & BRUNCH

HOT ROLLS	£2.75
<i>Choose from: bacon, egg or sausage</i>	
PANINI	£5.00
<i>Choose from: Cheese &amp; Beans Cheese &amp; Onion Tuna Mayo &amp; Cheese Bacon, Brie &amp; Cranberry Peppers, Onion, Tomato &amp; Mushroom</i>	
<i>All served with salad garnish, coleslaw &amp; crisps</i>	
JACKET POTATO	£5.95
<i>Choose from: Cheese &amp; Beans Tuna Mayo &amp; Cheese Beef or Quorn Chilli Peppers, Onion, Tomato &amp; Mushroom</i>	
<i>All served with salad garnish &amp; coleslaw</i>	
TOASTED TORTILLA TRIANGLES	£5.00
<i>Choose from: PIZZA STYLE: tomato, cheese, mushroom &amp; peppers MEXICAN: chilli, cheese, rice &amp; jalapeño NEW YORKER: chicken, bbq sauce, cheese &amp; lettuce VEGETABLE: tomato, mushroom, peppers &amp; cheese</i>	
<i>All served with salad garnish &amp; crisps</i>	
3 EGG OMELETTE	£5.00
<i>Choose 2: bacon, mushroom, peppers, cheese, onion &amp; tomato</i>	
<i>Served with salad garnish &amp; coleslaw</i>	
AVOCADO TOAST	£4.95
<i>toasted bloomer with crushed avocado &amp; topped with a poached eggs (add bacon +£1)</i>	
MUSHROOM TOAST	£4.95
<i>toasted bloomer with creamy herb mushrooms topped with crumbled stilton</i>	
BLOOMER CHIP BUTTY	£3.50
BLOOMER FISH FINGER BUTTY	£4.00
MESSY CHIPS	£4.00
<i>topped with chilli or cheese</i>	
FULL ENGLISH BREAKFAST	£6.95
<i>Sausage, Bacon, Egg, Tomato, Beans, Mushroom, Potato Chunks &amp; Toast (vegetarian option available)</i>	